



March 7, 2016 15:20 ET

Cycling Without Age Coming to San Antonio March 13, 2016

## Earn A Bike Co-op taking out Ella Austin Senior Citizens out on Bike Rides

San Antonio, Texas—(Feb. 11, 2016) - Cycling Without Age, a movement started in 2012 by Ole Kassow of Denmark, aims to improve the lives and mobility of the elderly by taking them out for a bike ride. The movement has expanded to regions all over the world and on March 13 it is our turn to get our Senior Community out on a bike.



After learning about Cycling Without Age, Earn A Bike Co-op founder, Cristian Sandoval was inspired to bring the movement to San Antonio. Sandoval and the Earn A Bike Board Members pitched in to buy the first two specially designed trishaws, created in Denmark. The trishaw is designed to safely and successfully give seniors the opportunity to gain mobility, enjoy the outdoors and their community.

“As we continue to become a more cycle friendly city, we are confident that this program will grow and bring joy and fun to the lives of seniors in our community and inspire others to get out on their bikes,” says Sandoval. “The five guiding principles that have shaped Cycling Without Age - generosity, slowness, storytelling, relationships, without age: are the perfect vehicle to finding a joyful connection built on the simple experience of a shared bike ride”

“Cycling Without Age complements the Earn A Bike Co-op program offering. We want everyone to experience the health benefits of cycling, we empower youth through Earn A Bike, women through Women’s Wrench Night, adults 18+ through Open Shop and B-Scuela and our seniors through Cycling Without Age,” says Sandoval.

The Earn A Bike Co-op has partnered with Ella Austin Community Center and will be kicking off the program this coming Sunday, March 13 at 12:00pm by taking members of the Ella Austin Senior Center out for a ride. “We welcome the Cycling Without Age initiative to Ella Austin Community Center and the seniors we serve. Keeping seniors healthy, active and engaged safely via trishaw cycling, is another opportunity to expand the outdoors to seniors of this community.” says Mr. Anthony Hargrove, Executive Director of Ella Austin Community Center



The Earn A Bike Co-op wants to raise enough funds to have a fleet of 15 trishaws and offer rides to seniors all over San Antonio. Complete details on the fundraising effort to purchase the trishaws can be found at the Earn A Bike Co-op website [www.earnabikecoop.org](http://www.earnabikecoop.org). Donation levels vary from as little as \$5 to as large as \$6,000 - large donations warrant naming rights on the trishaw.

Volunteers wanting to offer free trishaw rides to seniors in their community can sign up for a training class on the Earn A Bike Co-op website.

**Request for coverage:**

**What:** Inaugural Ride with seniors citizens from the Ella Austin Senior Center and riders from the SATX Social Ride Club

**Where:** EAB Ella Austin - 1023 N. Pine St, San Antonio, TX 78202

**When:** Sunday, March 13, 2016

**Time:** 12:00 p.m.

**Contact:** [cristian@earnabikecoop.org](mailto:cristian@earnabikecoop.org) - Tel. (210) 441-9980

About Earn A Bike Co-op - The San Antonio Earn-A-Bike Co-op (EAB) is a volunteer-driven initiative with a mission to create equitable access to cycling by providing affordable bicycle maintenance, services, and education. We promote active and healthy living by increasing access to bicycles, promoting safe, bike-friendly environments, and empowering people with the knowledge to make a lifestyle out of cycling. To achieve our mission, we operate a community bicycle repair shop. The shop provides a central forum for sharing equipment, materials, and expertise and facilitates affordable, practical, hands-on support for cyclist of all ages and skill levels.

About Ella Austin Community Center - Ella Austin Community Center vision is to empower individuals and families across the life span by providing multiple, integrated services that meet the needs of San Antonio's Eastside neighborhoods and beyond.

Media Contact

Cristian Sandoval  
President and Founder, Earn A Bike Co-op  
[cristian@earnabikecoop.org](mailto:cristian@earnabikecoop.org)  
Tel. 210 441 9980  
[www.earnabikecoop.org](http://www.earnabikecoop.org)